

Building Recovery Capital for Sustained Recovery and Family Well-being

November 16, 2023

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Center for Children and Family Futures



Acknowledgment

This presentation is supported by Grant #15PJDP-22-GK-03559-DGCT awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice.



This project is supported by Grant # 15PJDP-22-GK-03559-DGCT awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect those of the Department of Justice.

OJJDP's Three Priorities

- ✓ Treat Children As Children
- ✓ Serve Children at Home, With Their Families, in Their Communities
- ✓ Open Up Opportunities for System-Involved Youth

OJJDP's Mission

OJJDP provides national leadership, coordination, and resources to prevent and respond to youth delinquency and victimization. The Office helps states, localities, and Tribes develop effective and equitable juvenile justice systems that create safer communities and empower youth to lead productive lives.

To find out more about OJJDP, visit: www.ojp.ojjdp.gov

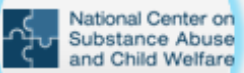


CHILDREN & FAMILY FUTURES TECHNICAL ASSISTANCE & EVALUATION PROJECTS

- Casey Family
- Sacramento County Early Intervention Family Treatment Court
- Sacramento County Dependency Family Treatment Court
- Recovery Opportunities Open for Men (ROOM) for Dads
- Strong Families, Strong Children
- Prevention and Family Recovery
- National Quality Improvement Center on Family-Centered Reunification



Children and Family Futures strives to prevent child abuse and neglect while improving safety, permanency, well-being and recovery outcomes with equity for all children, parents and families affected by trauma, substance use and mental health disorders.



NATIONAL CENTER ON SUBSTANCE ABUSE & CHILD WELFARE

- In-Depth Technical Assistance
 - Regional Partnership Grants
- Funded by Substance Abuse and Mental Health Services Administration and the Administration on Children, Youth, and Families, Children's Bureau*



NATIONAL FAMILY TREATMENT COURT TRAINING & TECHNICAL ASSISTANCE PROGRAM (FTCTTA)

- Office of Juvenile Justice and Delinquency Prevention FTC Grantee TTA
 - FTC TTA (Non-grantee)
- Funded by Office of Juvenile Justice and Delinquency Prevention*



NATIONAL SOBRIETY TREATMENT & RECOVERY TEAMS TRAINING AND TECHNICAL ASSISTANCE PROGRAM

Funded by Individual States and/or Local Jurisdictions





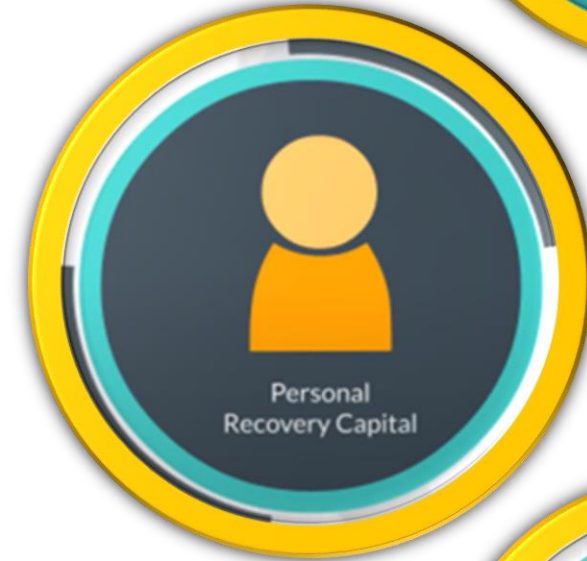
**NATIONAL
FAMILY
TREATMENT
COURT
PROGRAM**

Training and Technical Assistance



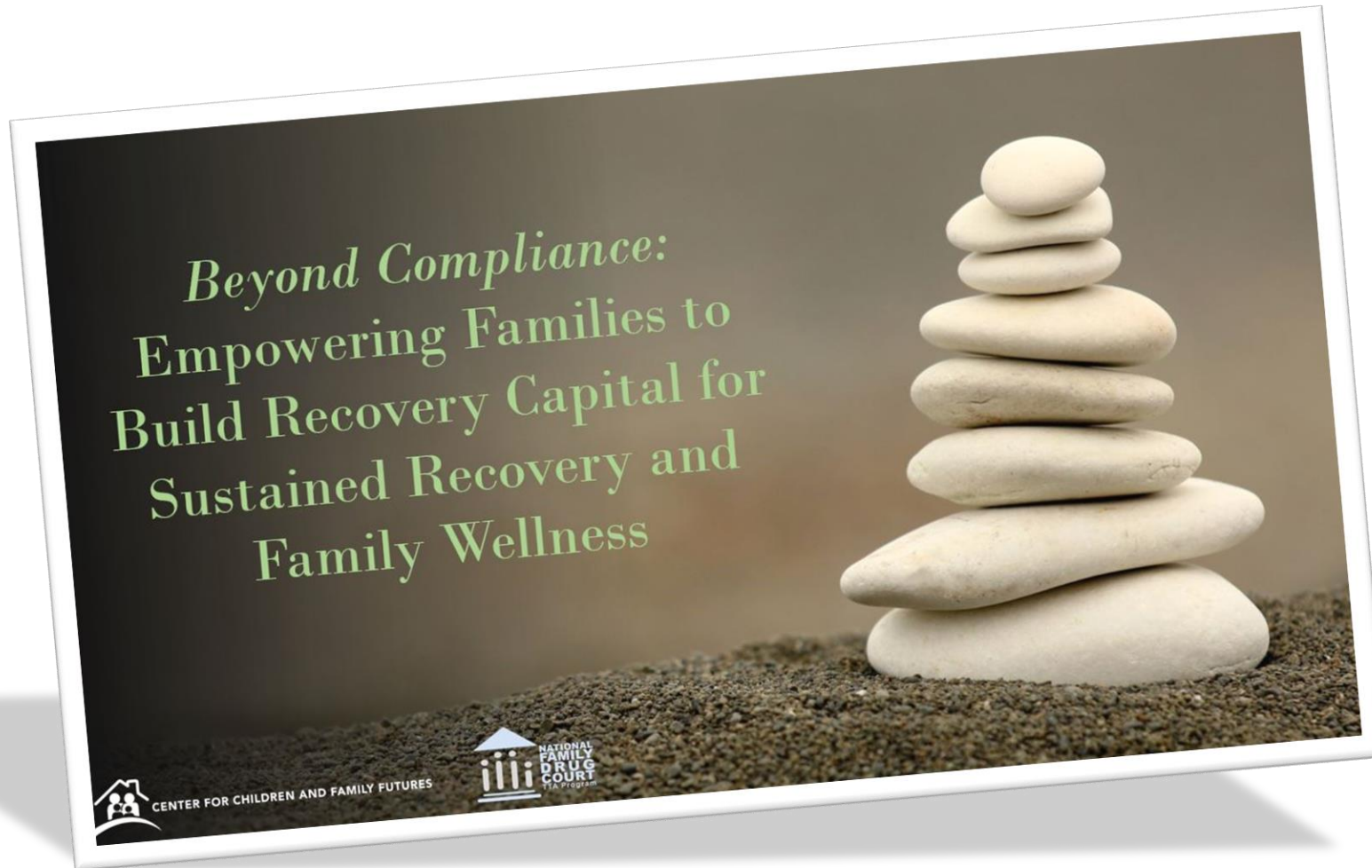
Learning Objectives

1. Discuss innovative strategies and key lessons related to integrating recovery capital and protective factor approaches into their work with parents, children, and family members affected by substance use disorders.
2. Explain how building recovery capital increases the protective factors, resiliency, and wellness of all family members.
3. Integrate at least three new approaches into their work with parents, children, and family members that will empower them to sustain recovery and family well-being.



Exploration | Conversation | Action

www.cffutures.org/ftc-practice-academy/



- **Animated Video**
- ***Exploration* Tool**
- **Live Conversation**
- **Resources**

Recovery Capital



Recovery Capital

Maslow's Hierarchy of Needs





More than 22 million Americans are living in recovery

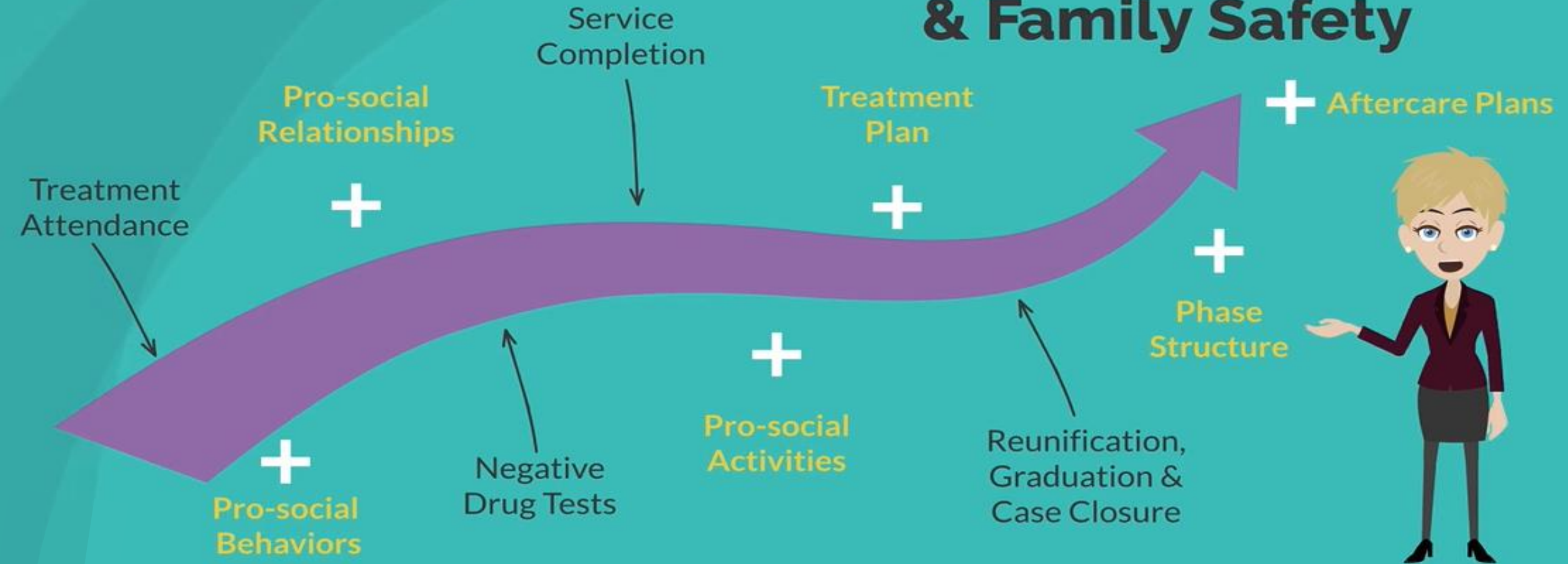
About 75% of people with a substance use disorder recover

Assessing Recovery Capital



Assess Recovery Capital

Sustained Recovery & Family Safety



Crystal J.- Ohio START Family Peer Mentor



Assessment and Case Planning Considerations

- Identify a tool or scale to measure an individual's recovery capital.
- Use assessment results to drive treatment and/or case planning.
- Do you have a standardized procedure to reassess strengths and needs?
- How will you know if an individual has attained recovery capital?



Assessment and Case Planning Considerations Continued

In what ways do your case or treatment plans support (or not):

- Physical health?
- Financial assets?
- Access to affordable, quality health care?
- Safe, affordable housing that supports recovery and well-being?
- Clothing, food, and access to transportation?
- Building or rebuilding supportive relationships?



Crystal J.- Ohio START Family Peer Mentor





Additional Resources

Recovery Capital Assessment Tool

<https://www.chestnut.org/resources/4c4bb112-3d59-4984-98cb-3b637378965a/Recovery-Capital-Scale.pdf>

Recovery Capital: A Primer for Addictions Professionals

<https://www.chestnut.org/resources/369b4a1e-fc69-4146-91c3-e4df44487f0e/2008-Recovery-Capital-Primer.pdf>

Research Article: Recovery Capital as Prospective Predictor of Sustained Recovery, Life Satisfaction and Stress Among Former Poly-Substance Users

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2211734/pdf/nihms10607.pdf>



Personal Recovery Capital



Personal Recovery Capital

Physical Recovery Capital

- Physical Health
- Financial Assets
- Access to Affordable, Quality Health Care
- Safe, Affordable Housing
- Clothing, Food, Transportation

Human Recovery Capital

- Educational/Vocational Skills
- Problem-solving Skills
- Interpersonal and Communication Skills
- Self-awareness and self-efficacy
- Personal Values
- Sense of Purpose, Future and Hopefulness



Anne Auld – Director of Education, Illuminate Colorado



Self-awareness

Communication Skills

Self-efficacy

Problem-solving skills

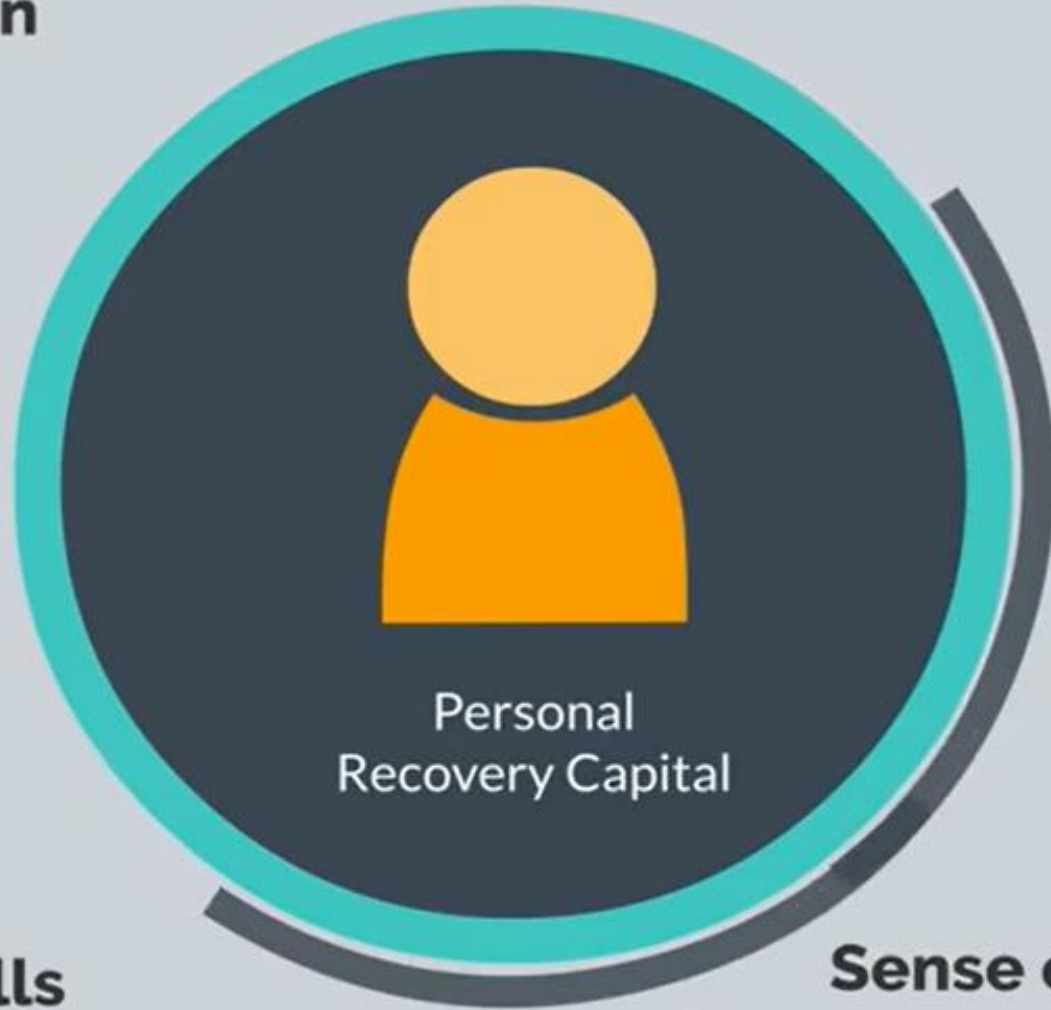
Values

Vocational skills

**Personal
Recovery Capital**

Educational skills

Sense of Purpose





Family/Social Recovery Capital





Family Social Skills Events



Community Recovery Capital



Protective Factors





Knowledge of Parenting
and Child Development



Social Connections



Concrete Supports
in Times of Need

Protective Factors

Child Welfare Information Gateway, 2020



Children's Social &
Emotional Competence



Nurturing & Attachment



Parental Resilience

Anne Auld – Director of Education, Illuminate Colorado



Recovery Capital



Next Steps:

Build structures and opportunities for families to:

learn about recovery capital

explore opportunities to increase their capital

demonstrate new skills



RECOVERY CAPITAL: ITS ROLE IN SUSTAINING RECOVERY

<https://facesandvoicesofrecovery.org/2019/10/08/recovery-capital-its-role-in-sustaining-recovery/>



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Strengthening Partnerships, Improving Family Outcomes

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